



Association Youth JO Outdoor Track & Field Championship
Oakland University, Rochester Hills, MI - Saturday, June 22, 2024

Event Schedule

Packet Pickup 8:00 am - Closes Promptly at 11:30 am

Weights and Measures 8:00 am to 9:00am

Field Event Start Time All Athletes Must Report to Their Event Even If Doing a Running Event.

9:00 am

Pole Vault – 13 – 18 Girls – 13-18 Then Boys

High Jump Girls 8-12 report - When complete go to Long Jump Then Boys 8-12

Long Jump Boy 8-12 Report - When complete go to High Jump Then Girls 8-12

Triple Jump will follow the completion of Long Jump High Jump

Triple Jump

9:00 am

Discus all Girls 13-18 Report when complete go to shot

Shot all Boys 13-18 Report when complete go Discus

Javelin will follow the completion of Discus

9:00 am

Mini Javelin 10 - Under Girls & Boys

Aero Javelin 11-12 Girls & Boys

11:00 am

Javelin 13-18 Boys

Hammer 15 -18 Girls

11:45am

Javelin 13 – 18 Girls

Hammer 15-18 Boys

Running Events Start Time - Rolling Schedule - Girls go First 10:00 am

3K

4x800

100/110 HH

100 Semi

200M H

400M H

1500RW

NO 2000m Steeple Chase or Multi Events – Advance directly to Regional at Olivet College, Olivet, Michigan July 7 - 9, 2023

12:00 pm – 12:30 pm Lunch Break Officials, Volunteers and Timing Crew

1:20 pm - Start of the Afternoon Session Rolling Schedule

1500 M

4x100

400M

100/110 HH Finals

3K Race Walk

100 Final

800M

200M Final

4x400