



USATRACK & FIELDSM
MICHIGAN

**2023 Michigan Association
Youth Outdoor JO Track & Field Championship
Oakland University
569 Pioneer Drive, Rochester, MI 48309-4482
Saturday, June 24, 2023
Packet Pickup Beginning at 8:30 a.m.**

SANCTIONED EVENT

Hosted by: Michigan USATF

PAYABLE Online at Athletic.net – Registration starts March 10, 2023

MAIL ENTRY FORM/WAIVER ONLY TO:

Jacqueline DeVose
3521 Oakman Blvd.
Detroit, MI 48204
313-623-3029

All Entry Form Waivers: Must be received by Monday, June 19, 2023

Registration and Payment – Done Online at Athletic.net

Late Fee is \$10.00t: Send to address below

3521 Oakman Blvd, Det, Mi 48204

\$8 per event; \$32.00 per Relay - Multi Event Not Contested at Association Meet.

Athletes advance straight to Regional. The entry fee for Assoc event is \$8.00 per event. \$9.00 Regional, \$10.00 National (see item 7 for addition info for this particular event) **Absolutely No Refunds.**

Packet Pick- Up 8:00am- Closes at 11:30 a.m.

EVENTS: Field Events are on a Time Schedule. Pickup at Registration

9:00 a.m. - Discus, Shot, Pole Vault, Long Jump, Mini Javelin, Javelin, High Jump, Triple Jump, Hammer

10:00 a.m. - 3K, 4x800, 100/110 HH Final, 100 Semi **If not enough it will be a final**, 200M H, 400M H, 2000 Steeple Chase, 1500RW

12:00 - 12:30 p.m. - Break

12:45 p.m. - 1500 M, 4x100, 400M, Finals, 3K Race Walk, 100 **Finals Only if needed**, 800M, 200M Final. 4x400

NO DAY OF REGISTRATION: Special Note Late Fee: All Entries must be received by June 19, 2023, by 5:00 p.m. There will be a late charge of \$10.00, \$40.00 per relay team if received after June 21st. Birth Certificates must be attached to the entry form. Membership through USATF Connect prior to entering this event. **** Athletes born in 2006 are also eligible if they do not turn 19 on or before 7/31/2023.** PLEASE NOTE: 1/4" spikes are permitted. **Throwing implements are NOT provided.** **AGE GROUPS** 8 & Under, through age 18 or Division 7 - 10 years old advance to National. Top 6 advance from Michigan Association, Top 5 advance to Region 5 July 7th - 9th (Combined Events) and July 7th and 9th (Individual Events) at Olivet College, Olivet, Michigan. USATF Junior Olympic Track and Field Nationals Hayward Field Eugene Oregon. July 24 - 30, 2023.

PLEASE READ CAREFULLY

***ALL PENTATHLON, TRIATHALON, DECATHLON & HEPTATHLON AND STEEPLE CHASE ATHLETES AUTOMATICALLY ADVANCE TO THE REGIONAL. ALL HAMMER THROWERS MUST ENTER AT THE ASSOCIATION, IN ORDER TO ADVANCE. THE HAMMER WILL ONLY BE OFFERED AT THE REGIONAL AND NATIONAL LEVEL OF THE COMPETITION.**

*****Very Important go to www.Athletic.net for the Online entry Information after filling out this entry form*** All Headphones and music devices are not allowed.**

INFORMATION: 313-623-3029 or jdevose@yahoo.com (email contact preferred **Put Youth Assoc JO Championship on Subject Line**)

8 & Under and 9-10, 11-12, 13-14 3 events Only	Name of Event	Fee Included
Event 1 -- \$8		\$ 8.00
Event 2 -- \$8		\$ 8.00
Event 3 -- \$8		\$ 8.00
Event 4 -- \$8		\$ 8.00
Circle All That Apply Relay 4x1 - 4x4 - 4x8 -		\$32.00
Late Fee \$10 (postmarked or received after June 19, 2023)		\$10.00 Late Fee
Total Included→		

Send to Above Address

Last Name _____		First Name _____		Phone () _____ -- _____	
Male / Female _____		Age on July 31, 2023) _____		2023 USATF number (required) _____	
Birth date ____/____/____		Coaches Name: _____		Team: _____	
Mailing Address _____		City _____		State _____ ZIP _____	
Contact in case of emergency: Name _____		Relationship _____		Phone _____	

Email address (Please list for future communication) _____

RELEASE: In consideration for my being accepted, I, intending to be legally bound for myself, my heirs, executors and administrators, waive and discharge any and all rights, claims and damages which I have or which may accrue to me against USA Track & Field, USATF Michigan Association, Olivet College, any sponsors, their agents and representatives, for all damages which may be sustained and suffered by me in connection with the entry in and arising out of my travel to, participation in and return from this track & field meet. I attest and certify that I am physically fit and have sufficiently trained for the competition and that my date of birth is as stated on this application. I authorize meet personnel and its agents, permission to request emergency medical treatment or care as necessary to insure my well being. I acknowledge that my entry fee is non-refundable, including if the event is canceled.

SIGNATURE OF ATHLETE DATE

(IF UNDER 18, PARENT'S SIGNATURE) DATE

CHECK IN IS 1 HOUR BEFORE EACH OF YOUR EVENTS.

Events per Age Divisions

<u>8 & Under</u>	<u>9 - 10</u>	<u>11 - 12</u>	<u>13 - 14</u>	<u>15 - 16</u>
2015+*	2013 - 2014	2011 - 2012	2009 - 2010	2007 - 2008
100m	100m	100m	100m	100m
200m	200m	200m	200m	200m
400m	400m	400m	400m	400m
800m	800m	800m	800m	800m
1500m	1500m	1500m	1500m	1500m
4 X 100m RELAY	1500m RW	3000m	3000m	3000m
4 X 400m RELAY	1500m RW	1500m RW	3000m RW	2000M STEEPLECHASE (G30/B36) Not Contested
LONG JUMP	4 x 100M RELAY	80m HURDLES (30")	100m HURDLES (G30/B33)	100/110 HURDLES (G33/B39)
Shot Put	4 X 400m RELAY	4 X 100m RELAY	200m HURDLES (G30/B30)	400M HURDLES (G30/B36)
MINI JAV	4 X 400M RELAY	4 X 400m RELAY	HIGH JUMP	HIGH JUMP
	HIGH JUMP	4 X 800m RELAY	LONG JUMP	LONG JUMP
	LONG JUMP	LONG JUMP	POLE VAULT	POLE VAULT
	SHOT PUT (6LB)	HIGH JUMP	TRIPLE JUMP	TRIPLE JUMP
	MINI JAV 300g	SHOT PUT (6LB)	SHOT PUT (B-4Kg/G-6lb)	SHOT PUT (B-12/G-4kg)
	TRIATHLON: ADVANCE	DISCUS (1kg)	DISCUS (1kg)	DISCUS (B-1.6kg/G 1Kg)
		AERO JAV(300g)	JAVELIN (600kg)	JAVELIN (B - 800kg/G -600kg)
		PENTATHLON: ADVANCE	4 x 100m RELAY	HAMMER (B 12LB - G 4kg)
			4 X 400M RELAY	4 X 100M RELAY
			4 X 800M RELAY	4 X 400M RELAY
			PENTATHLON: ADV	4 X 800M RELAY
				DECATHLON (BOYS) - HEP (GIRLS) Advance

17 - 18

2005 - 2006**

Athletes who are still 18 through the final day of the USATF National Junior Olympic Track & Field Championships are eligible to compete in the 17-18 age division through that meet.

100M
 200M
 400M
 800M
 1500M
 3000M(WOMEN)
 3000m RW
 2000M STEEPLECHASE - Advance
 110/100MHURDLES (BOYS39/G - 33)
 400M HURDLES (B-36/G-30)
 4 X 100M RELAY
 4 X 400M RELAY
 4 X 800M RELAY
 HIGH JUMP
 POLE VAULT
 LONG JUMP
 TRIPLE JUMP
 DISCUS (B1.6kg G 1kg)
 SHOT PUT (B -12LB/G-4kg)
 JAVELIN (B 800kgG 600kg) -
 HAMMER (B12lb - G 4kg)
 DECATHLON (BOYS) Advance
 HEP (GIRLS) Advance

Printable Day of Event Schedule Located Below





Association Youth JO Outdoor Track & Field Championship

Oakland University

June 24, 2023

Event Schedule

Packet Pickup 8:00 am - Closes Promptly at 11:30 am

Weights and Measures 8:00 am to 9:00am

Field Event Start Time All Athletes Must Report to Their Event Even If Doing a Running Event.

9:00 am

Pole Vault – 13 – 18 Girls – 13-18 Then Boys

High Jump Girls 8-12 report - When complete go to Long Jump Then Boys 8-12

Long Jump Boy 8-12 Report - When complete go to High Jump Then Girls 8-12

Triple Jump will follow the completion of Long Jump High Jump

Triple Jump

9:00 am

Discus all Girls 13-18 Report when complete go to shot

Shot all Boys 13-18 Report when complete go Discus

Javelin will follow the completion of Discus

9:00 am

Mini Javelin 10 - Under Girls & Boys

Aero Javelin 11-12 Girls & Boys

10:30 am

Javelin 13-18 Boys

Hammer 15 -18 Girls

11:45am

Javelin 13 – 18 Girls

Hammer 15-18 Boys

Running Events Start Time - Rolling Schedule - Girls go First

10:00 am

3K

4x800

100/110 HH

100 Semi

200M H

400M H

1500RW

NO 2000m Steeple Chase or Multi Events – Advance directly to Regional at Olivet College, Olivet, Michigan July 7 - 9, 2023

12:00 pm – 12:30 pm Lunch Break

Officials, Volunteers and Timing Crew

1:20 pm - Start of the Afternoon Session Rolling Schedule

1500 M

4x100

400M

100/110 HH Finals

3K Race Walk

100 Final

800M

200M Final

4x400